

Struggling with the cost of living?

WE CAN HELP YOU

We work with people to solve a range of money and benefits issues, and our service is **free of charge**.

Benefits
checks

Help with
discounts
and
grants

Advice on
Discretionary
Payments to
help with
arrears

Reducing
household
expenditure
and bills

Some
Disability
Benefits
applications

For free help and advice, please email us on crisis@swllc.org or leave us a message on freephone **0808 109 8032** and we will get back to you.